

**Garmin® introduces the Forerunner® 935 –
a premium GPS running and triathlon watch
with performance monitoring and wrist-based heart rate**

New Running Dynamics™ Pod provides running insights with greater freedom

SYDNEY, Australia - 30 March 2017 - Garmin Australia today announced the Forerunner 935, a GPS running and triathlon watch with new performance monitoring tools and Elevate™ wrist-based heart rate technology¹. In addition to 24/7 heart rate monitoring, the Forerunner 935 includes new training features, allowing users to fine-tune exercise and recovery to be a better athlete. Easily paired with the new Running Dynamics Pod², Forerunner 935 users will now be able to see all six running dynamics without the need for a chest strap. At only 49 grams, every detail in its lightweight, comfortable design was chosen with the athlete in mind.

“With similar features to the fēnix® 5 – our popular multisport GPS watch built for fitness, adventure and style – the Forerunner 935 is catered more towards triathletes looking for a slimline performance watch” said Adam Howarth, General Manager Garmin Australasia. “As a top-of-the-line GPS smartwatch, the Forerunner 935 not only provides users with insight into how their body is responding to fitness, but also offers data for every activity, allows them to automatically upload to Garmin Connect™, and is customisable with free apps, data fields and more from the Connect IQ™ store.”

New training features - with technology provided by Firstbeat – make it easier for Forerunner 935 users to monitor performance and better prepare for a race or training cycle. Training status automatically analyses previous exercise and fitness levels to provide insight into how the athlete’s body is responding – letting them know if they are training productively, peaking or overreaching. Training load gives users an overview of their weekly activity and helps them determine if they are training in the right zone and whether their sessions are too easy or hard. Additionally, the new training effect metric tracks and reviews the aerobic and anaerobic benefit of a training session, letting athletes know how their training is improving their ability to push the limits. With these training features available at their fingertips, athletes can make adjustments and improvements to their training to become better, faster and more efficient come race day.

The Forerunner 935 allows users to go further with their running data. The simple-to-use and unobtrusive new Running Dynamics Pod clips to the waistband allowing athletes to see all six running dynamics – including cadence, ground contact time, stride length and more – on a compatible device³ without the need for a chest strap. The Forerunner 935 also features advanced dynamics to help with cycling and swim training⁴. While on a bike, it will track dynamics including power zones, time seated and standing, platform center offset and power phase. In the water⁵, the Forerunner 935 will track distance, stroke, pace, personal records and more.

With Elevate wrist-based heart rate, Forerunner 935 users have around-the-clock heart rate monitoring without the need for an additional strap. With GPS and GLONASS coverage, athletes can better track their activities in challenging environments than with GPS alone. Additionally, the Forerunner 935 includes ABC (altimeter, barometer and compass) sensor capabilities. The built-in altimeter provides real-time elevation information, while the barometer can predict weather changes by showing short-term trends in air pressure. The compass can help users keep their

¹ See Garmin.com/ataccuracy

² Sold separately

³ Compatible with the Forerunner 935, Forerunner 735XT, fēnix 5 and fēnix Chronos

⁴ Additional sensors needed

⁵ Water rated 5ATM (50 metres)

bearings whether they're moving or not.

Athletes can easily transition between sports with the press of a button utilising the auto or manual multisport feature. Additional built-in activities include hiking, trail running, skiing, paddle sports, golf and more. The Forerunner 935 is also compatible with the full line of Varia™ cycling awareness accessories, Vector™ pedal-based power metre system and Index™ smart scale.

Available on the Forerunner 935, Strava Live Segments allow users to view real-time results on a run or ride, leaderboard rankings and how their current effort compares to their PR. Starred Strava segments automatically sync with the Forerunner 935 for live feedback during an activity. Purchases of the Forerunner 935 will receive a 60-day trial of Strava Premium, and owners of Connect IQ compatible devices will receive a 30-day trial.

Installed on the Forerunner 935, the new TrainingPeaks app allows users to download free workouts directly to their watch, then view the workout in real time, complete with intensity targets and interval durations. Following a session, athletes can automatically sync their completed workout back to TrainingPeaks for a detailed analysis of their performance and to measure their progress toward their goals. Users can also customise their watch with data fields, watch faces, widgets and additional apps including Uber ETA (by Garmin) in the Connect IQ store.

When paired with a compatible smartphone⁶, the Forerunner 935 automatically uploads to Garmin Connect, an online fitness community where users can track workouts, sleep patterns, join online challenges to compete against friends and earn virtual badges. GroupTrack allows users to keep tabs on those they train with, while LiveTrack lets loved ones follow along on runs and rides in real time.

The Forerunner 935 features up to 24 hours of battery life in GPS mode, up to 50 hours in UltraTrac™ battery saver mode and up to two weeks in watch mode. It is available in black for recommended retail price AU\$699. A tri-bundle option – which includes a black watch face with force yellow strap, HRM-Tri, HRM-Swim, Quick Release Kit and additional strap in black – is available for RRP AU\$849. Compatible with optional Garmin QuickFit™ bands in leather, silicone or metal. The Running Dynamics Pod has a RRP AU\$109. Quick Release Kit or replacement bands (black or yellow) will be RRP AU\$45ea. The Forerunner 935 lets users go from workplace to workout – no tools required.

The ever-expanding Garmin fitness segment develops technologies to enhance and promote healthy and active lifestyles. Whether users are runners, cyclists, swimmers, multi-sport athletes, or simply looking to stay active throughout the day, there is a product that can help them reach their health and fitness goals.

For decades, Garmin has pioneered new GPS navigation and wireless devices and applications that are designed for people who live an active lifestyle. Garmin serves five primary business units, including automotive, aviation, fitness, marine, and outdoor recreation. For more information, <http://www.garmin.com.au> or www.facebook.com/garminau

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About Garmin International Inc. □

⁶ See Garmin.com/ble for a list of compatible smartphones

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